

★ S T A A R ★

Symposium on Therapeutic Advances
in Animal Rehabilitation

R E G I S T R A T I O N

April 25 - 28, 2018

Hyatt House Morristown
Morristown, New Jersey, US



Featured Instructor
Laurie Edge-Hughes

**EDUCATIONAL OPPORTUNITIES LIKE NO OTHER IN AN
UNPARALLELED ATMOSPHERE OF COLLABORATION AND COMMUNITY**



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COURSE WORKSHEET

Select the courses that fit with your schedule and are pertinent to your practice.
 Just place an "X" in the boxes to indicate your choices.

Choices are on a first-come, first-served basis, and are honored once final payment is received.

<p>WEDNESDAY APRIL 25; 8:30AM – 1:00PM</p> <p><i>Conservative Management of Spinal Injuries and Diseases From Therapies to Homecare</i> <i>includes breakfast, lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>
<p>WEDNESDAY APRIL 25; 2:00PM – 6:30PM</p> <p><i>Conservative Management of the Stifle Highlighting Luxating Patella and ACL Injuries</i> <i>includes lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>
<p>THURSDAY APRIL 26; 9:30AM – 1:45PM</p> <p><i>Conservative Management of the Stifle Highlighting Luxating Patella and ACL Injuries (same course as above)</i> <i>includes breakfast, lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>
<p>THURSDAY APRIL 26; 2:30PM – 6:45PM</p> <p><i>Case After Case – Live Cases to Work Through and Learn From</i> <i>includes lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>
<p>FRIDAY APRIL 27; 8:30AM – 6:00PM</p> <p><i>Myofascial Manual Therapies for the Axial Skeleton and Extremities</i> <i>includes breakfast, lunch, snacks</i></p> <p>CONTACT HOURS: 8.0 (RACE-Approved) <input type="checkbox"/> \$796</p>
<p>SATURDAY APRIL 28; 8:30AM – 1:00PM</p> <p><i>Introduction to Craniosacral Therapy</i> <i>includes breakfast, lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>
<p>SATURDAY APRIL 28; 2:00PM – 6:30PM</p> <p><i>Conservative Management of Spinal Injuries and Diseases From Therapies to Homecare (same course as above)</i> <i>includes lunch, snacks</i></p> <p>CONTACT HOURS: 4.0 (RACE-Approved) <input type="checkbox"/> \$398</p>

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COURSE DESCRIPTIONS

Conservative Management of Spinal Injuries and Diseases - from Therapies to Homecare)

Dates: Wednesday, April 25, 8:30am-1:00pm
Saturday, April 28, 2:00pm-6:30pm

Course Description: Non-surgical management for intervertebral disc disease and Wobbler's disease is possible. This course is designed to provide participants with an evidence-informed plan to conservatively manage this subgroup of patients.

Learning Objectives

- Participants will be instructed in the pathologies of Wobbler's disease and the different types intervertebral disc disease.
- Participants will be instructed in current therapeutic practices for each of the pathologies and relevant research.
- Participants will be led through deductive reasoning (from relevant research) as to how conservative management might be applied to a canine spinal cord patient.
- Participants will review products on the market that might benefit the dog with spinal cord compromise (from a homecare standpoint).
- Participants will learn how to select treatments and best focus their therapeutic time in clinic.
- Participants will have the opportunity to try techniques and brainstorm regarding neurologic cases.

Course Outline

Lecture

- Canine spinal conditions (Wobblers & IVDD)
- The neurologic assessment
- Conservative management of IVDD and Wobblers
- Neurorehabilitation

Lab

- Neuro assessment practice
- Neuro rehab practice
- Live cases: assessment, deductive reasoning, treatment planning, treatment testing

COURSE DESCRIPTIONS, cont'd

Conservative Management of the Stifle (Highlighting Luxating Patella and ACL Injuries)

**Dates: Wednesday, April 25, 2:00pm-6:30pm
Thursday, April 26, 9:30am-1:45pm**

Course Description: Not all dogs are surgical candidates for ACL reconstruction for a multitude of reasons. These dogs, as well as those with grades 1 & 2 (and sometimes 3 & 4) luxating patellas, can benefit immensely from strengthening and manual techniques to manage their stifle dysfunctions. This course is designed to lead participants through an evidence-informed guideline addressing the deficiencies found in each of these patient populations with the goal of optimizing function.

Learning Objectives

- Participants will be guided through the available research as it relates to canine cruciate deficiency and patellar luxation.
- By examining studies on human knee injuries, participants will gain an appreciation of the possibilities to return to function following a cruciate tear or a patellar luxation with the use of physical rehabilitation.
- Based on therapeutic goals and plans for conservative management of cruciate or patellar dysfunctions in humans, canine applications can be deduced.
- Participants will be able to evaluate a stifle to determine the grade of cruciate tear, patellar luxation, and presence or absence of a meniscal lesion.
- Participants will understand the steps to progress an animal with a stifle dysfunction through a rehab program (some modalities, some manual therapy, and plenty of exercise techniques).
- Participants will learn about cruciate bracing options on the market.

Course Outline

Lecture

- Background information will be presented as it pertains to the functional problems that arise with cruciate deficiency and patellar luxation
- A broad overview of what has been shown to be successful for conservative management of cruciate deficiency and patellar luxation in human literature
- Practicalities of conservative management

Lab

- Assessing the stifle – grading cruciate tears, patellar luxation, and evaluating the meniscus
- Manual treatments for the stifle and discussion of therapeutic modality uses
- Practicing exercise techniques to target the goals for treatment of cruciate deficiency or patellar luxation

COURSE DESCRIPTIONS, cont'd

Case After Case – Live Cases to Work Through and Learn From

Date: Thursday, April 26, 2:30pm-6:45pm

Course Description: This course is designed to provide participants with an opportunity to problem-solve real live cases (you see, there is no such thing as a normal dog - we can find something on just about any of the canine participants!). Participants will be able assess and develop treatment plans for a multitude of dogs provided for this course. This class can go any direction you want, and cover small or large topics as desired.

Learning Objectives

- Participants will get the opportunity to enhance their deductive reasoning skills with regards to assessment and treatment planning.
- Participants will engage in an assessment algorithm to make a physical diagnosis / functional diagnosis in the rehab patient.
- Participants will learn how to create and structure a treatment plan.
- Participants will have the opportunity to direct their own learning and choose topics they would like to learn more about.

Course Outline

Lecture

- The physical therapy assessment
- Case studies
- Identifying problems, goal setting, treatment planning

Lab

- Assessment and treatment planning for 'live cases'
- Many live cases with many variations
- Participant case presentations and group brain-storming
- Student-directed learning - you pick the topic! (i.e. vestibular rehab, therapeutic exercise, manual triggerpoint release... etc)

COURSE DESCRIPTIONS, cont'd

Myofascial Manual Therapies for the Axial Skeleton and Extremities

Date: Friday, April 27, 8:30am-6:00pm

Course Description: Fascia is a structure that surrounds all parts of the body. It is damaged by injury, weakness, poor posture, postural compensations, and neural imbalances. However, it is a frequently overlooked structure that responds well to treatment. This day-long course will help you to understand fascia and assess and treat common myofascial dysfunctions.

Learning Objectives

- Participants will learn about the constructs and properties of the fascial system.
- Participants will learn to visually analyze a canine patient to predetermine likely areas of fascial dysfunction.
- Participants will improve their soft tissue palpation skills, including the ability to identify myofascial trigger points and myofascial restrictions.
- Participants will learn manual techniques to address myofascial dysfunctions for both the extremities and the axial skeleton.
- Participants will learn how to incorporate myofascial therapies into their treatment regimens.

Course Outline

Lecture

- What is fascia and what is the purpose of the fascial system
- Myofascial dysfunctions (i.e. restrictions, adhesions, elongation, and myofascial trigger points)
- Myofascial restriction and therapies in the literature
- Myofascial therapies and the possibility of addressing acupoints and meridians
- Introduction to the concept of Dermoneuromodulation

Lab

- Visual analysis of canine patients
- How to assess and palpate fascial restrictions
- Myofascial release techniques
- Myofascial trigger point therapies
- Dermoneuromodulation techniques

Introduction to Craniosacral Therapy

Date: Saturday, April 28, 8:30am-1:00pm

Course Description: This workshop is designed to provide participants with a background into craniosacral therapy. A brief history of osteopathy (and specifically craniosacral therapy) concepts and theories will be explored. Participants will be challenged to explore a new paradigm of palpation, assessment, and treatment by feeling for and working with the craniosacral rhythm. A therapy protocol for a sample craniosacral session will be learned.

Learning Objectives

- Participants will be introduced to osteopathy and craniosacral therapy.
- Participants will be instructed in the indications and contraindications for craniosacral therapy.
- Participants will gain a basic understanding of the gentle touch and perceptions required to practice craniosacral therapy.
- Participants will improve their touch skills in order to feel for craniosacral rhythm.
- Participants will be instructed in concepts specific to craniosacral therapy utilization (listening, still points, release points, balancing, etc).
- Participants will learn how and where to induce a 'still point'.
- Participants will learn how to address the key 'release points'.
- Participants will learn a multistep protocol to use in whole or in part to input craniosacral therapy into their toolkit of therapy options.

Course Outline

Lecture

- Introduction to craniosacral therapy & osteopathy
- Craniosacral rhythm
- Right brain / left brain
- Light forces
- Tissue release phenomenon and the therapeutic pulse
- Contraindications
- "Get over yourself & just try it!!!"

Lab - A Craniosacral Protocol

- Listening
- Still points
- Releases
- L7-Se decompression
- Iliac gap
- Dural tube glide
- Individual spinal bones
- Paired extremity bones
- Balancing
- TMJ
- Still point
- V-Spread

★ **STAAR** ★
COURSE LEADER



**Laurie Edge-Hughes, BScPT, MAnimSt
(Animal Physio), CAFCI, CCRT
Co-Owner
The Canine Fitness Centre Ltd.
Calgary, Alberta, Canada**

Laurie Edge-Hughes obtained her Bachelor of Science in Physical Therapy from the University of Alberta in 1993 and has since focused her post-graduate training on orthopedics, osteopathy, acupuncture, and animal rehabilitation. Additionally, she completed her Master of Animal Studies in Animal Physiotherapy through the University of Queensland (Australia) in 2006.

Laurie has the honor of having taught the first canine physiotherapy/physical therapy courses in Canada (1999), the USA (1999), and Australia (2001). She has been involved in the Animal Rehab Division since its inception in 1994 and teaches canine physiotherapy and rehabilitation courses for the Animal Rehab Division of the Canadian Physiotherapy Association (CPA). Additionally, she presently holds the position of Past-Chair & Advocacy Lead for the Animal Rehab Division of the CPA. She taught for ten years for the Canine Rehabilitation Institute in the USA, and lecturers internationally as often as able.

Laurie's biggest teaching venture is currently via www.FourLeg.com, an online educational platform for continuing education in canine rehabilitation / physiotherapy. Laurie co-owns and practices out of the Canine Fitness Centre Ltd (www.caninefitness.com) in Calgary, Alberta.

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HOTEL AND CONFERENCE CENTER INFORMATION

HYATT HOUSE MORRISTOWN 194 Park Avenue, Morristown, NJ, 07960 US
morristown.house.hyatt.com 973-971-0008

GROUP CODE: STAAR group rate valid through March 27, 2018 – contact Hyatt House

About Hyatt House

With unmatched **quality** and **value**, at Hyatt House Morristown, they make it their business to exceed your expectations.
The friendly staff is here to help you with anything you need.

Guests at Hyatt House Morristown will feel more than welcome in their residential-style suites featuring full kitchens, separate living and sleeping areas and free high-speed Internet access. Enjoy a daily breakfast in the morning or order a Starbucks® espresso instead for an added charge at the H Bar.

BUT WAIT, THERE'S MORE!

Just some of the Amenities for the Hyatt Guests:

Full Breakfast

100% Smoke-Free

Pet Friendly Accommodations (with a fee)

Tennis Courts

24/7 Business Center

Fully equipped Kitchen



Same day valet dry cleaning service

24/7 Fitness Center

Free Shuttle within 5 miles of Hyatt House

24/7 Guest Market



DELICIOUS BREAKFAST!



PET FRIENDLY!

**18 miles from Newark Liberty International
Airport 30 miles from New York City**

★ STAAR ★

CONFERENCE REGISTRATION & BILLING

YOUR INFORMATION

FIRST NAME:	LAST NAME:
CREDENTIALS (as you would like them to appear on certificate):	
YEARS EXPERIENCE IN CANINE REHAB:	
CLINIC NAME:	
CLINIC ADDRESS:	
CITY:	STATE/PROVINCE:
ZIP CODE/POSTAL CODE:	COUNTRY:
TELEPHONE:	E-MAIL:

PAYMENT & BILLING INFORMATION

Please complete this **Registration Form** and the **Course Worksheet** and send via one of the following options:

- FAX: **908-439-9239**
- E-MAIL: **info@staarconference.com**
- MAIL: **STAAR Conference (Check payable to: STAAR)**
P.O. Box 11
Oldwick, New Jersey, 08858 US

If paying by credit card, please complete the following information:

TOTAL TO BE CHARGED: \$	
VISA / MC / AMEX #:	
EXPIRATION DATE:	SECURITY CODE:
NAME ON CREDIT CARD:	
BILLING ADDRESS (if different from your information above):	
CITY:	STATE/PROVINCE:
ZIP CODE/POSTAL CODE:	COUNTRY:

